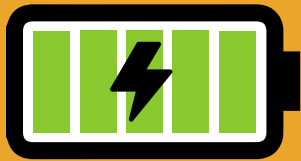


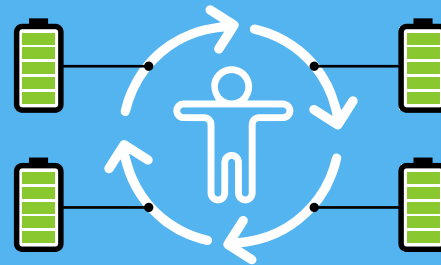
What is a booster dose and why might it be recommended?



A booster shot may be needed periodically to “boost” the immune system.



Often, your immune system remembers how to keep fighting a disease for the rest of your life.¹



Sometimes immunity needs to be reinforced (i.e. such as when a virus mutates and a new variant emerges), and that's what booster shots are for, such as a Tdap vaccine to prevent tetanus, diphtheria, and pertussis.¹



The intent of a booster dose is to restore protection that may have decreased over time whereby relying on the primary series vaccination may no longer be adequate.²

Please talk to your doctor to see if a booster dose is appropriate for you.

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¹ Public Health Agency of Canada: Not Just for Kids. An Adult Guide to Vaccination, August 2018. <https://www.canada.ca/en/public-health/services/publications/healthy-living/just-kids-adult-guide-vaccination.html>
² An Advisory Committee Statement (ACS) National Advisory Committee on Immunization (NACI): Interim guidance on booster COVID-19 vaccine doses in Canada, October 29, 2021.